

## Building an Ayurvedic Business Course Curriculum

- I. Building an Ayurvedic Business From the Ground Up
  - A. Mission, Vision, Values
  - B. 8 Limbs of Yoga and 4 Aims of Life
  - C. Values Assessment
- II. Software
  - A. Calendar, Client Notes, Finances
- III. HIPAA
  - A. What You Need to Know
- IV. Scope of Practice
  - A. What is Your Scope of Practice?
  - B. When to Refer Out
- V. Multi-Modal Team Approach
  - A. How to Work With Practitioners in Other Fields
- VI. Client Relationship and Boundaries
  - A. Strengthen Boundaries Without Losing Empathy
- VII. Client Intake: Strengthen Skill Set
  - A. Being Present
  - B. Mindful Listening

- C. Attunement
- D. Non-Violent Communication

## VIII. Case Consultation

A. Share and Learn Within Community